







# Project aware to Promote Emotional Wellbeing

FSTE is pleased to announce its new Quality Enhancement Support Scheme (QESS)-funded project — Promoting Emotional Wellness and Resilience in the Self-financing Tertiary Education Sector (Project əware).

Project Website: http://qess4.fste.edu.hk



three-year project is the first-ever sector-wide initiative to step up effort in the promotion of emotional health and resilience, with specific objective to —

- Encourage positive attitude, thinking, and coping skills in face of adversity among self-financing tertiary students;
- Facilitate early detection of at-risk students;
- Draw synergy in fostering school culture with heightened awareness of youth emotional wellbeing;
- Encourage cross-institutional interflow and sharing of information on

professional experience in emotional wellbeing.

From this October to September 2020, various genres of activities will be organized for self-financing tertiary students as well as staff across Member Institutions.

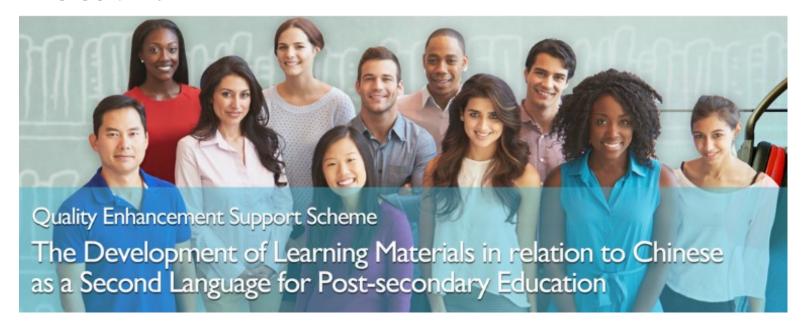
With growing concern about the emotional wellbeing of Hong Kong students and youth suicides, the Project will provide a series of inspirational talks/sharing by influential figures to encourage students to 'speak out' their feelings and learn to handle adversity.

The Project also includes a web-based screening tool and gatekeeper trainings to better understand the prevalence of emotional disturbances among self-financing tertiary students; and more importantly, to help pick out 'at-risk' students and facilitate provision of timely support.

These measures, together with two mass events – carnival and conference – envision cultivating a positive school atmosphere with heightened awareness, understanding, and open mind-set of emotional health.

# Project NCS to Support Non-Chinese Speaking Students

Chinese language proficiency is one of the major obstacles that limits non-Chinese speaking (NCS) students' competitiveness in the employment market. This Project develops learning materials in relation to Chinese as a second language together with an online sharing platform to enhance students' language proficiency.



Hong Kong, non-Chinese speaking (NCS) students account for more than 6.4% of total student populations at all levels. One of the major obstacles for NCS students applying for tertiary education places would be the requirement of Chinese language.

Though other internationally recognized Chinese language qualifications, such as GCE/GCSE/IGCSE/IAL have been accepted by universities/colleges for several years; these Chinese courses are generally over simple and below standard that in turn making them less competitive in the employment market.

FSTE has received a QESS grant for 3 years from October 2016 to September 2019 to develop learning materials in relation to Chinese as a second language for NCS students.

A survey open to all NCS students of Member Institutions had been conducted in February 2017 for collecting student profiles and understanding their expectations toward Chinese proficiency. To further examine their needs and expectations, selected students were interviewed between May and September.

Apart from learning materials, video clips imitating workplace scenarios will be produced for students' familiarization with potential work in future. NCS students will be invited to be actors or actresses in the videos. With Members' support together with students' participation, the videos should be fascinated ones. Please stay tuned.



## **GE Conference Success**

As part of the QESS-funded project "Towards a Sub-degree General Education Framework — Facilitating Credit Recognition and Transfer", this Concluding Conference drew practitioners together, and facilitated communication between sub-degree and degree sectors towards the goal of smoother sub-degree GE's credit recognition by, and articulation to, the degree sector.

2-day GE Conference, entitled "Evolution and Transformation" attracting over 230 participants, was held on 15 & 16 June 2017 at PolyU Jockey Club Innovation Tower.

Renowned speakers from the US, Taiwan and local UGC-funded universities were invited to exchange ideas and share recent practices. Keynote speeches, paper presentations, poster presentation, General Education Outstanding Teaching Award, Student GE Project Competition, as well as the GE Transfer Practice publication impressed our audience. We are grateful for their encouraging feedback and compliments.

Heartfelt thanks must go to the GE Advisory Group, which was composed of GE heads of UGC universities, and practitioners of the sub-degree sector.

Their unparalleled knowledge and unfailing support made the Conference a success.





## DYJ towards your Dream and Future



#### **Promotion Campaign**

Echoing the early com-

mencement of the application period of DYJ Programme, the promotion campaign for 2018/19 AY has kicked off in August 2017.

A colorful and dynamic key visual with tagline "Your Dream, Your Future" (你想就是理想) and models in different uniforms representing multiple pathways for students. The

key visual will appear on DYJ Programme booket, posters and advertisements in different channels including MTR train doors, Kidults and Facebook.

#### **Taster Programme Week**

To deepen students' understanding of DYJ Programme, series of taster programmes and talks will be arranged for secondary schools in early December.

Students will have the chance to attempt interesting electives clusters, such as early childhood education, disciplined services, desserts and pâtisserie making, and coffee-brewing at institutions' campuses. Also, they may visit different facilities of their potential campuses.





## **DYJ** Student Initiatives

We are pleased to announce the newly registered DYJ Student Association (DYJSA) and welcome students from 7 DYJ provider institutions. In addition to student members, the membership will extend to alumnus, with a view to developing a DYJ community.



#### **DYJSA Committee & Logo Competition**

With nominations by provider institutions, the  $1^{\text{st}}$  DYJSA Committee, comprising 17 student representatives, was formed. The Committee will assist FSTE in organizing joint-institutional student activities for DYJ students and seeking benefits for members.

A DYJSA logo design competition was held to call for creative design for the newly established DYJSA. The award goes to Lam Chi-yip, student of Hong Kong Institute of Technology! The "S" shape formed by two hemispheres stands for "seven institutions" and "students". The rainbow-like logo symbolizes 7 DYJ provider institutions and multi-talents of DYJ students, who are enjoying colorful and hopeful life.

#### **Orientation Day**

To kick-start student activity of 2017/18 AY, the DYJ Orientation Day was successfully held on 30 September 2017, attracting over 100 students from 7 provider institutions.

In Hoi Ha, students were engaged in different tasks, including three-legged race and survival skill challenge, to compete for the champion. Through a number of activities, friendship, team spirit, and sense of belonging were built across 7 institutions.



Coming up ...

**SHKP Vertical Run for Charity** 

3 teams of running elites representing DYJ Programme will take part in "SHKP Vertical Run for Charity" on 3 December 2017! The teams are in preparation for fun, let us cheer them on.

#### Lunar New Year Fair Stalls Proposal Competition

A team of DYJ students from OUHK-LiPACE won the proposal competition and would be awarded the chance to implement the proposal in the Lunar New Year 2018. Don't let slip such a good opportunity to visit their stall in the coming Lunar New Year.



## **Upcoming Events**



#### **Training Course on Managing Depression and Suicidal Behaviours**

As part of the new QESS "Project aware", this training will cover the characteristics (epidemiology, risk factors, protective factors) and approach to the reduction in youth suicide and suicidal behavior.

13 December 2017 (Wednesday) Date:

Time: 2:00pm - 5:30pm

Venue: CP 205, CityU SCOPE TST East Learning Centre





#### Inspirational Talk Series — Talk 1: Wu Siu-hong

As the premiere of the Inspirational Talk Series, bowling world champion, Mr Wu Siu-hong will share his fight with cancer, and the death of his father and bowling partner, to encourage students and staff across FSTE Member Institutions to stay positive in face of adversity.

Date: 26 January 2018 (Friday)

Time: 3:30pm - 5:00pm

Venue: Lecture Theatre, PolyU Hung Hom Bay Campus\*

http://qess4.fste.edu.hk\* Registration:

\*to be announced



#### **Trial Chinese Courses for NCS Students**

To meet students' needs, the learning materials will be divided into 2 parts, namely listening and speaking, reading and writing. Course packages are closer to completion. Pilot courses for NCS students of Member Institutions will be launched in early 2018.

#### Our Member Institutions

























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