

A Pilot Study Examining the Relationship of Mentor-led Study Group to the Self-efficacy, Study and Generic Skills of Students Studying in the Associate Degree in Health Studies

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This paper presents the results of a pilot study examining if there is any positive relationship of the Mentor-led Study Group to the self-efficacy, study and generic skills of students studying in the Associate Degree in Health Studies.

Graduates with high GPA of the Associate Degree in Health Studies act as mentors of the Stage 1 students with unsatisfactory GPA in 10-sessions 90 minutes small-scaled study group for sharing both study and generic skills. Pre and post assessment regarding students' self-efficacy, goal-setting, English proficiency, subject knowledge, study and generic skills were measured.

Both qualitative and quantitative data were analyzed for their significant relationships. Though the sample size is small, educators can design and modify with this blueprint to enhance the effectiveness of learning and personal growth of the students who may not have satisfactory academic results.